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VICTORIA NATIVE THE FIRST CANADIAN TO WIN ONE OF CYCLING'S THREE MAJOR TOUR RACES PAGE 20

OTTAWA metro®

Monday, May 28, 2012

News worth sharing.

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Kenyan snatches repeat win

Race Weekend. Elite runner beats countryman by less than a second

JOE LOFARO
joe.lofaro@metronews.ca

As far as races go, it doesn't get much closer than 0.8 seconds.

By that razor-thin margin, elite runner Laban Moiben of Kenya defeated fellow Kenyan competitor Julius Karinga, and was crowned the 2012 champion of the Ottawa Race Weekend marathon.

In the last few metres, the two were neck and neck, running with their knees high and their eyes locked on the white finish-line banner.

Then, Moiben, 28, inched forward just in time to finish the 42.2-kilometre course with a time of 2:09:12. In doing so, he established a new personal best, or "PB," improving on the 2:10:18 he ran in 2011, when he was also crowned champion.

Karinga, 32, clocked in at 2:09:13. Moiben said he was surprised that Karinga was so close behind him

Moiben said that the course was "very tough" but that the fans helped push him towards the finish line.

"I was very happy because this community was very strong, cheering me," said Moiben.

Among female runners, Ethiopia's Yeshi Esayias was the first in her category to cross the finish line. Her time was 2:28:45.

Orillia, Ont., native Lisa Avery was the top Canadian woman, clocking in at 2:42:52.

Meanwhile, Toronto's Rejean Chiasson was the first Canadian man to step over the finish line. But it wasn't his best time: he made it in 2:19:54.

Under partly cloudy skies and a light breeze, Sunday's marathon attracted more than 5,000 runners from all over the world who share the same passion.

Even though they all ran the same race, the winners had different ideas in mind when asked how they would celebrate their victories.

Laban Moiben of Kenya celebrates at the finish line of the Ottawa Race Weekend marathon after outrunning fellow Kenyan Julius Karinga by only a fraction of a second. JOE LOFARO/METRO

Moiben said he had planned to celebrate with fellow Kenyans at the Kenyan high commissioner's house, while Esayias's husband, Debele Senbeta, said she would eat pasta and vegetables.

As for the top Canadians, Avery and Chiasson said they both wanted to get their hands on a big, greasy post-race burger and a beer. Or two.

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Storm casualty

Teen dies after being struck by lightning

An 18-year-old man died after he was struck by lightning in Vincent Massey Park on Friday.

Joel Gauthier was riding his bike with a friend and stopped under a tree to put on some rain gear when lightning struck.

Gauthier went into cardiac arrest and later died in hospital.

THE CANADIAN PRESS

Officials investigating

Banquet hall destroyed by blaze

A fire at the West Carleton Meeting Centre Sunday afternoon caused $2 million in damage. At about 3 p.m. a large section of the roof collapsed, and firefighters took a defensive approach to fighting the blaze.

There had been a wedding reception held at the hall on Saturday evening, but there was no one remaining at the site when fire crews arrived, a fire spokesperson said.

JESSICA SMITH/METRO

Collision with minivan

Multiple injuries in Para Transpo crash

Three people were injured when a minivan and a Para Transpo vehicle collided, sending the Para Transpo bus colliding into a telephone pole Sunday.

The crash at the intersection of Byron Avenue and Richardson Avenue sent three people to hospital with minor injuries, including an 80-year-old woman with facial lacerations and a possible broken nose. METRO

Ringside for Youth

Boxing punches up funds for kids

The 18th annual Ringside For Youth benefit hit a milestone Thursday, raising more than $2.1 million for the Boys and Girls Club of Ottawa.

The swanky affair featured boxing matches, an appearance by former heavyweight champ Evander Holyfield, and an elegant dinner.

Boys and Girls Club director Scott Bradford, heavyweight boxer Gerry Cooney, event organizer Tom Hicks, Ottawa Senators captain Daniel Alfredsson and event founder Steve Gallant were on hand for the cheque presentation at the CE Centre. METRO

Cheque presentation at CE Centre
SEAN SISK/FOR METRO

Retirement-home blaze survivor loses sister, brother-in-law

Tragedy. Fire happened same day as call by coroner's inquest to make sprinkler systems mandatory in retirement homes

JESSICA SMITH
jessica.smith@metronews.ca

A Hawkesbury woman lost not only her home, but also her sister and brother-in-law in a fire at the Place Mont Roc retirement residence on Friday.

Alberta Bonin, 93, lived on the first floor and made it out of the building, but Marie-Anne Bonin, 84, and Jean-Paul Bonin, 87, who lived on the top floor, did not.

Sophie Bonin, granddaughter of Alberta, said her great-uncle Jean-Paul would have had trouble leaving the home because he could not walk.

"He was stuck up there. It's a tragedy," she said.

Alberta managed to get out quickly. "She was on the first floor, so she was outside before it became worse," said Sophie. "She's doing OK, well, as OK as you can be."

Alberta is staying with family in Hawkesbury and will not be returning to the home if it reopens, said Sophie.

"It's a big tragedy — we're all in shock," she said.

Head of the Ontario Association of Fire Chiefs Kevin Foster said the fire was "made even more tragic" because it occurred on the same day as a coroner's inquest into a fatal fire at a retirement home in Orillia, which, like Place Mont Roc, did not have sprinklers.

Place Mont Roc complied with the current fire code, according to the Hawkesbury fire department.

Follow Jessica Smith on Twitter @jessiecatherine

Exclusively online

For more local news visit metronews.ca

Fire crews tend to a fire at a retirement home in Hawkesbury, Ont., on Friday. The president of Ontario's Association of Fire Chiefs is confirming there were no sprinklers in a Hawkesbury retirement home where an elderly couple died in a fire Friday night. TONYA FAWN PHOTOGRAPHY/THE CANADIAN PRESS

1 NEWS

On the web

The proposal heard 'round the world

Portland actor Isaac Lamb is getting a whole lot more than he bargained for. After posting his flash-mob-meets-lip-sync marriage proposal on YouTube six days ago, his romantic gesture has been viewed close to two million times, received international attention and been called the 'greatest marriage proposal ever.' Watch him get his girl at metronews.ca.

Mobile news

What defines sugar? It's getting to be a stickier question, and the fight over the answer has taken a bitter turn. Scan the code to read more.

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Everest. Vancouver trekker recalls deadly mountain climb

A Vancouver entrepreneur is looking forward to his next challenge after braving a deadly weekend atop the world's tallest peak.

Steve Curtis dreamed for more than five years of climbing Mount Everest. He finally achieved his goal on May 19, the same weekend five people died, including Canadian Shriya Shah-Klorfine.

"We saw the bodies of other people who had died on the way up," Curtis said Sunday.

Fellow climber and Spanish doctor Juan Jose Polo Carbayo shared base camp with Curtis, and was among those who died that day in the "death zone," an oxygen-depleted stretch of tumultuous terrain.

Curtis estimates five or six bodies from years past still lie in the death zone, serving as reminders of the fragile conditions on the Everest peak.

DANIEL PALMER/FOR METRO

Charity trek

After he was diagnosed with a rare form of lymphoma in 2006 and given two years to live, Curtis chose to help others. He has since become an advocate for Take a Hike, an organization that engages at-risk youth with adventure-based learning.

Everest triumph

Ottawa woman summits Everest

An Ottawa woman made it to the top of Mount Everest Saturday. "On 26 May ... I summited the highest mountain in the world," Sandra Leduc tweeted on Saturday. JESSICA SMITH/METRO

Everest tragedy

Body retrieval delayed

Climbers might have to wait months, due to dangerous conditions, to retrieve the body of a Toronto woman who died after reaching the summit of Mount Everest.

TORSTAR NEWS SERVICE

Children, abducted in 2008, turn up in Mexico

Lost and found. Investigators found children with their father and a cousin in a house equipped with security cameras and barbed wire

Dominic and Abby Maryk, who were kidnapped in 2008, have been located in Mexico, according to local media reports. HANDOUT/THE CANADIAN PRESS

Two Winnipeg children at the centre of a high-profile child-abduction case have been located in Mexico, Winnipeg police have announced.

Siblings Dominic and Abby Maryk were abducted in August of 2008 when they were aged seven and six, respectively. They were on a court-ordered visit with their father, Kevin Maryk, when they vanished.

Since then, their mother, Emily Cablek, and Winnipeg police have worked hard to find the missing pair, holding press conferences and posting videos in 2009 and 2011 for the safe return of the children.

On Saturday, police issued a media advisory stating that they have been involved in a lengthy investigation with Mexican authorities and that "significant developments" came to pass on Friday.

Police would not comment further, saying that details will be made public during a press conference on Monday at 11 a.m.

Mexican newspaper Milenio said a Guadalajara man saw a television news report that mentioned the missing children, who bore a striking resemblance to two children who for the previous couple of weeks had been living in a home in the area of Jardines de los Puentes in Zapopan.

He contacted local police and federal authorities but "no one listened to me," so he was put in contact with Juan Manuel Estrada, who heads the FIND Foundation, a group that helps locate missing people in Mexico.

Estrada contacted Interpol Mexico, which found the two children, their father and a cousin, identified as Cody McKay, also from Winnipeg.

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Pride denied to Russian gay activists

Russian police officers detain a gay-rights activist during an attempt to hold a gay-pride parade in Moscow on Sunday. Russian police have detained around a dozen protesters demanding the right to hold a gay pride parade in Moscow. Activists have long petitioned the Moscow government for permission to stage such a parade, but have always been denied. MIKHAIL METZEL/THE ASSOCIATED PRESS

Miami police kill naked man found eating victim's face

Grisly scene. Witnesses horrified as nude attacker mauls man in the middle of a busy downtown causeway

Miami police shot and killed a naked man who mauled another man on a downtown causeway off-ramp on Saturday, chewing on his victim's face as horrified drivers looked on.

Local media reported that gunshots were heard at around 2 p.m. Saturday on the MacArthur Causeway off-ramp.

Witnesses reported seeing a naked man attacking the other man by viciously chewing on his face.

A woman who saw the two men fighting summoned a police officer, who instructed the naked man to back away. When the alleged attacker refused to comply, the officer shot him several times.

Miami police confirmed the shooting in a press release but did not release the identities of the men.

Police did not provide details of the incident, but sources told CBS News that after the attacker was shot dead, police and paramedics were able to rush the victim, whose face had been mauled to the point of being unrecognizable, to Jackson Memorial hospital's trauma centre.

He is listed in serious condition but is expected to survive.

Javier Ortiz, a spokesman for the Fraternal Order of Police in Miami, told the Associated Press that the officer who fired at the suspect "is a hero and saved a life."

METRO

Police response

"Based on the information provided, our Miami police officer is a hero and saved a life."

Javier Oritz, spokesperson for the Fraternal Order of Police in Miami

Houla massacre

UN condemns Syrian regime

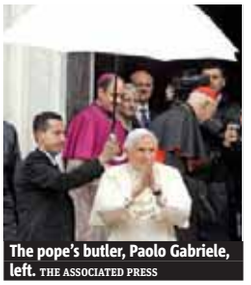
The UN Security Council on Sunday blamed the Syrian government for attacking residential areas of the town of Houla with artillery and tank shelling and also condemned the close-range killings of civilians there — but avoided saying who was responsible for the massacre of more than 100 men, women and children.

The council said in a press statement after an emergency meeting that the "outrageous use of force" against civilians violated international law and previous UN resolutions. THE ASSOCIATED PRESS

Vatican. Pope Benedict's butler arrested for leaks

The Vatican's investigation into the source of leaked documents has yielded its first target, with the arrest of the pope's butler, but the investigation is continuing into a scandal that has embarrassed the Holy See by revealing evidence of internal power struggles and corruption in the highest levels of the Catholic Church governance.

The tumult began with the publication last weekend of a book of leaked Vatican documents and his private secretary. It peaked with the inglorious ouster on Thursday of the president of the Vatican bank. And it concluded with confirmation Saturday that Pope Benedict XVI's own butler was the alleged mole feeding documents to Italian journalists in an apparent bid to discredit the pontiff's No. 2. THE ASSOCIATED PRESS



The pope's butler, Paolo Gabriele, left. THE ASSOCIATED PRESS

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CP Rail. Ottawa to table back-to-work legislation

The Harper government is expected to introduce legislation ordering striking workers at Canadian Pacific Railway Ltd. back to work on Monday after talks with the union broke off.

CP Rail and the union representing 4,800 workers who have been on strike since Wednesday confirmed that talks had broken off with little hope of resumption.

Labour Minister Lisa Raitt said she still hoped the parties could agree on a process that would end the strike, but made clear she would not wait long.

Raitt said government officials have been talking with impacted industries, farmers and the mining sector, and the reports are that the strike is "starting to actually affect their operations."

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Facebook's small investors bitter, divided on next step

Wall Street. In lawsuits, Morgan Stanley is accused of reserving negative analysis of Facebook for favoured clients

The response from small-time investors to Facebook's debut as a public company has been equal parts frustration, confusion and bitterness. Fed up, some are dumping their shares and accepting the losses. Others, while miffed, are holding on and hoping to ride the stock's eventual success.

Some are irked over reports that Morgan Stanley, which guided Facebook through its public debut, allegedly told only some select clients of an analyst's negative report about Facebook before its stock began trading May 18.

Michael Hines had felt uneasy about Facebook. He thought the shares were priced too high, and the excitement overblown — especially once the company raised its target price for the opening two days beforehand. Yet when the chance arose to buy into the company's $38-a-share initial public offering, he seized it.

"I figured: Nothing ventured, nothing gained," said Hines, 61, a retiree and private investor in Boston.

Now, he wishes he'd listened to his misgivings. Instead, Hines watched with dismay as the stock languished on its first day, then slid on its second.

As the lead underwriter for Facebook's IPO, Morgan Stanley was expected to set shares at the highest price it thinks the market will bear. But investors have also come to expect that an initial share price will be low enough so the stock can climb on the first day, when interest typically peaks.

Looking back, some individual investors say they recognize that Facebook's initial $38 US stock price was too lofty. It was more than 80 times the company's 2011 earnings per share. The average for companies in the Standard & Poor's 500 index is far cheaper, about 19 times earnings.

Among those who blame their brokers is Joshua Freeman, who said he bought 200 shares in the IPO after his broker at Morgan Stanley Smith Barney asked if he wanted in. Freeman says he's considering closing his account at Morgan Stanley.

Morgan Stanley disputes the allegations. "We have clearly put clients' interests first by correcting pricing on some trades that were mispriced because of trading glitches beyond our control," the company said in a statement.

THE ASSOCIATED PRESS

Television correspondent Sabrina Quagliozzi reports from inside the Nasdaq MarketSite in New York's Times Square on May 21.

RICHARD DREW/THE ASSOCIATED FILE

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IS THE LIBRARY TOO QUIET FOR ITS OWN GOOD?

URBAN COMPASS
Steve Collins
ottawa@metronews.ca

I just ended an ignominious stretch in the Ottawa Public Library's bad books, having borrowed a novel, taken it with me to visit my sister in Toronto, and, inevitably, left it behind.

That was back in February and it's a long story. Let's simply say I had a little difficulty recovering the book and getting it back to Ottawa. (The title of my literary hostage has been withheld to protect me from you, just in case you were next on the waiting list to borrow it.)

As a somewhat experienced deadbeat, I strategically parcelled out my three online renewals to stall for time, but the clock eventually ran out and gentle "friendly reminder" emails began arriving. After almost a month of these, I had visions of a library SWAT team arrayed outside my house, politely but firmly whispering ultimatums and threats to my credit rating through a megaphone.

When I finally got my hands on the book this month and guiltily returned it, though, my penalty was a $12 fine, without even a disapproving look from library staff as I paid.

I try to imagine attempting this level of delinquency with almost any other entity, public or private, and the punitive whupping it would likely entail. In a world where it's become normal for your phone or Internet provider to cheerfully bleed you for every minute or megabyte over your usage cap, the OPL is still charging a milk-money fine of 50 cents a day for an overdue book, with a limit of $25.

Taken for granted

"Plans for a new central library, in the works since at least the late '90s, have been shelved repeatedly."

It's almost as if they'd really rather just get their stuff back than fleece the negligent for easy revenue. It's a civilized policy, and one that keeps borrowing affordable for everyone, but I sometimes wonder if this laid-back attitude serves to keep the library somewhat below the civic radar in Ottawa. Its 33 branches are well-used, but can also be taken for granted.

The library takes 18 dollars out of every thousand in city-dwellers' taxes (1.8 per cent) and receives a roughly proportional amount of official attention. Plans for a new central library, in the works since at least the late '90s, have been shelved repeatedly.

Once upon a time, the new facility was expected to open in 2006. The last time anyone even mentioned a date, it was 2014, but, so far, the project lacks the basic ingredient of a proposed address. There's some talk of buying the former Ottawa Technical High School, but, at the moment, it seems as if talk is all it is.

Sexier spending priorities like light rail and Lansdowne Park have taken precedence, and the new library keeps getting bumped down the list as a non-essential "nice-to-have." Meanwhile, the main library, which hasn't had a major overhaul since it was built in 1974, crams more users into its 88,000 square feet every year.

Have we grown complacent about libraries in Ottawa? Not necessarily. It could be argued we've never been anything but. In 1896, Ottawa voters rejected the expense of establishing a library in the first place. Only after American philanthropist Andrew Carnegie stepped up with a $100,000 grant did the nation's capital open its first public library, in 1906.

In the absence of help from crusading tycoons (there's never one around when you need one), OPL might have to look elsewhere for funding this time.

Yet another piece of city infrastructure that already seems to be on a faster track to completion than a new library is a casino that would replace the slots at Rideau-Carleton Raceway and compete for revenue with Gatineau's Lac Leamy Casino. Perhaps a partnership could be worked out with the Ontario Lottery and Gaming Corp. on a hybrid facility — a few slot machines amid the microfilm readers, perhaps, or table games at the reference desk?

Alternately, they could start charging the city late fees until the new library's finally built.

Wild horses won't drag him away

MARTIN MEISSNER/THE ASSOCIATED PRESS

Endangered species

Feral herd caught once a year

A man catches a young wild stallion in Duelmen, Germany, on Saturday.

It is believed that this 350-hectare reservation in western Germany is home to the last herd of wild horses on the European continent.

THE ASSOCIATED PRESS

Young bucks wrangle young stallions

Europe's last wild horses are driven into an arena, where young men pick out and catch the young stallions. Once a year, the newborn stallions are caught and sold. All mares stay with the herd and guarantee the survival of the endangered species.

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Metropolitan Panel

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@GabrielPizza
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@RobynBresnahan
Just saw first marathon runners pass by with two kms to go. Looked like a walk in the park for them!

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@seemack
Good luck to all the runners today!

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@dereklothian haha yes the professional runners all seemed like they were just getting loose.

@HeatherInOttawa
Good luck to all you runners! Now I'm going back to bed on your behalf.

metro

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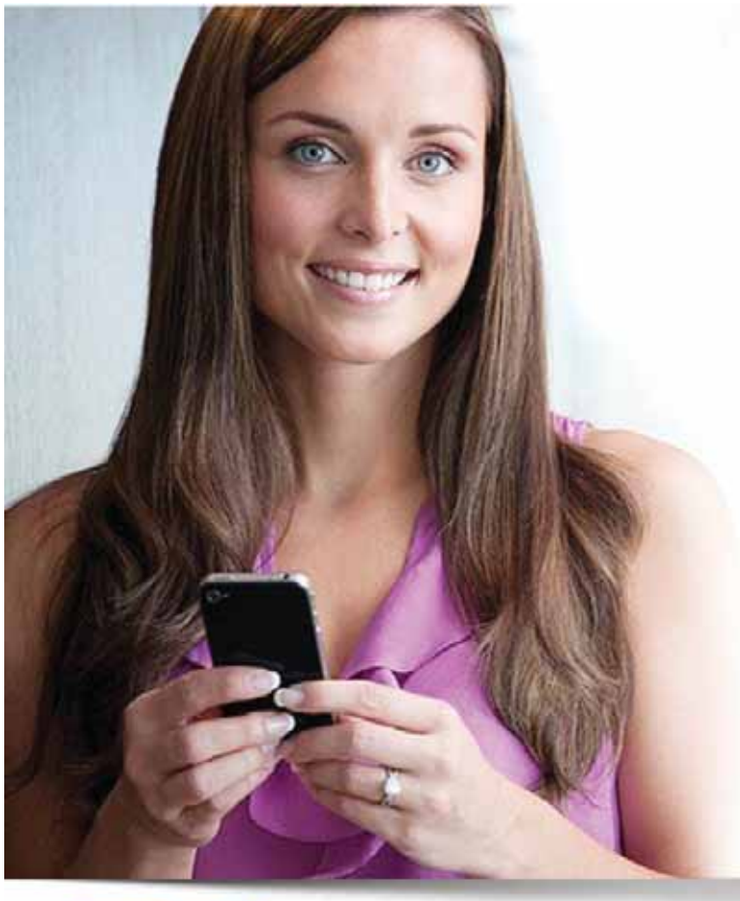

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2
SCENE

Box office

Men in Black 3 takes down Avengers

The suits have knocked off the superheroes at the box office. Will Smith and Tommy Lee Jones' sequel Men in Black 3 debuted as the No. 1 movie in the U.S. over the weekend with $55 million from Friday to Sunday. That bumps Disney's The Avengers into second-place after three blockbuster weekends on top for the superhero sensation. The Avengers took in $37 million over the three days to push its domestic total to $514 million and become only the fourth movie ever to top half a billion dollars.

THE ASSOCIATED PRESS

On the web

After threats of violence, Lady Gaga cancels Indonesia's Born This Way Ball show.

Rachel Nichols stars in Continuum, which premiered on Showcase last night. HANDOUT

Nichols heads into sci-fi territory with Continuum

New TV series.
Actress plays cop from 2077 sent back to the present in Canadian sci-fi drama airing on Showcase

IAN GORMELY
scene@metronews.ca

Where many actors snub sci-fi and fantasy as frivolous genres where canny ideas and special effects take precedence over story and character, Rachel Nichols sees them as immersive playgrounds.

"I love the escapism and using your imagination," says the actress, whose past credits include Conan the Barbarian, GI Joe: The Rise of Cobra and JJ Abrams' Star Trek reboot. "Given the genre it's completely believable and it's fun."

Her love affair with make-believe continues with her starring role in the new Canadian series Continuum, which premiered on Showcase last night.

Nichols plays Keira Cameron, a cop from the year 2077 accidently sent back to the present where she tries to stop a political uprising before it can change the course of history.

Keira is "a little bit robotic," she says. "Human relations are not her strong suit." But while her hard-boiled intensity is a hallmark of the series' first episode, Nichols says the character will get a chance to loosen up over the course of the show's 10-episode first season. "The fish out of water theme gets played with."

The show's creators already have story arcs for the first two seasons tentatively planned out in what Nichols calls the show's Bible.

But Nichols prefers to discover things as her character does. "I don't like to look at that," she says. "I like to be on a need to know basis."

Unsurprisingly, Continuum is shot in Vancouver, a city that's played host to a bevvy of sci-fi shows in the past including the X-Files, Stargate SG-1 and Battlestar Galactica.

Despite her previous roles, Nichols had never visited the city until this January, but she thinks the cityscape lends itself to future worlds. "It's so believable, the architecture with the arenas," she says. "It is the future."

TV and film

Throughout her career Nichols has flipped back and forth between television and film making with regular appearances on Criminal Minds and Alias as well as landing dramatic roles in Shop Girl and Charlie Wilson's War.

- But where there was once a stigma against film actors doing television, these days, few people make a distinction between the two mediums. "I like bouncing back and forth," she says. "That great divide doesn't exist anymore."
- More importantly, she says, the time it takes to get a project to air is significantly shorter than getting a film into theatres. "TV is almost like instant gratification."

Actor avoids stereotypes in hockey hit Goon

Montreal actor Marc-Andre Grondin was fortunate enough to land his first English-language role in the gleefully violent hockey hit Goon, which pounded down its Hollywood competition to top the Canadian box office upon its release in February.

But given how the Quebecois actor exaggerated his slight accent for the role of the druggy, underachieving sniper Xavier Laflamme, he said the offers haven't exactly been rolling in.

"With the accent I have in the movie, I don't know if I'm going to get more jobs in English," laughed Grondin during a recent interview in Toronto.

Indeed, the 28-year-old speaks English with far more fluid confidence in person than he does in the film, which cast him as a hot-shot scorer relegated to the minors after his talent dissolved in a haze of drugs, booze and women.

The roommate to the sweetly savage titular character played by Seann William Scott, Laflamme eventually begins to rediscover his scoring touch as their rag-tag squad climbs the standings.

Grondin was already friends with Montreal actor Jay Baruchel — who co-wrote and stars in the film, which will be released on DVD on Tuesday — prior to landing the role. So he felt comfortable relaying his concerns about an early draft of the script that saddled his character with a few too many Quebec stereotypes.

"I was just like: 'I think we need to tweak it a bit because I really don't want to be the guy who (makes) everyone in Quebec say traitor!'" said Grondin, who starred in 2005's Genie Award-winning C.R.A.Z.Y.

"I can laugh at myself, I can laugh at my culture, but ... I didn't want the fact that the character is French-Canadian to be the comic relief."

THE CANADIAN PRESS

Liev Schreiber, left, and Seann William Scott are shown in a scene from Goon.
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Gisele Bundchen

Gisele Bundchen and Tom Brady await baby number two

Gisele Bundchen and Tom Brady are expecting a second child, if the Brazilian supermodel's friends can be believed. Bundchen reportedly confided in several pals — including Givenchy fashion designer Riccardo Tisci — that she's two months pregnant, according to Brazilian Web site FamosasArtistas.com. Another baby would seem about right for the couple, as Bundchen has previously said in interviews, "I want to have a big family. I love kids."

Quoted

"I want to have a big family. I love kids."

Gisele Bundchen

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Glee star Cory Monteith takes a stand for at-risk youth

THE WORD
Kate Webb
scene@metronews.ca

Before 30-year-old Victoria native Cory Monteith was belting out ballads on hit TV musical comedy Glee, he was a troubled youth struggling with drug addiction and the issues that often come with a broken home.

These days he's a goodwill ambassador for RE*Generation, an initiative to address youth homelessness supported by Virgin Unite, the charitable arm of Sir Richard Branson's Virgin Group of companies.

Metro sat down with the six-foot-three triple-threat in Vancouver on Friday to talk about how more than $50,000 in grants from Virgin Unite will help local at-risk youth. The money is going to the Broadway Youth Resource Centre, and a theatre program for youth called Project Limelight.

(Sorry, Glee fans, questions about the show and his budding romance with co-star Lea Michele were strictly off limits!)

M: How did you become an ambassador for RE*Generation?

CM: I started with RE*Generation on behalf of Virgin Unite three years ago in Toronto, something like that, raising awareness of Canada's national youth homeless problem: how many homeless youth there are in the country. It's such a developed, wealthy nation really, per capita. That shouldn't be a problem.

M: Is that something you saw a lot of growing up on Vancouver Island?

CM: Sure. It's strange to grow up in a place like Victoria. It's beautiful. It's a postcard, with all these tourists coming from all over the world to see this beautiful city, you know, miniature little British town, and you have kids sleeping the streets and stuff in sleeping bags, in doorways. It doesn't seem congruent, it doesn't work, doesn't seem right, and I think it's systematic. It's not a matter of resources or ability to fix the problem, it's just a matter of finding the people that are actually going to do something about it at a community level."

M: What does Project Limelight mean to you personally?

CM: This is the same woman (Maureen Webb, co-founder of the Project Limelight Society), the same program under a different guise, that started me and sort of ignited my passion for the arts. It's the reason I started acting, so my heart is close to this program because it's inspiring kids to do something different, get involved in their community. The networking that happens for these kids, they get to all know each other. It's priceless, and it brings people together, and it keeps people out of trouble. It did for me.

CANADIANS CAN DONATE $5 TO VIRGIN UNITE AND RE*GENERATION BY TEXTING REGEN TO 30333.

Keira Knightley ALL PHOTOS GETTY IMAGES

Keira Knightley engaged to Klaxons' James Righton

Keira Knightley is reportedly set to marry British musician James Righton, according to Hollyscoop — though details about the privacy-minded actress' plans are hard to come by. Righton, a member of the band Klaxons, recently moved into Knightley's London home, and the pair are apparently planning to expand the household: "They want to get a puppy. It's all pretty serious," a source says.

Will Smith

Reporter snubbed, MIB-style

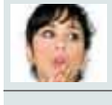
The Ukrainian red-carpet reporter who tried to kiss Will Smith — and ended up getting a slap from the Men in Black 3 star instead — is very, very sorry. "I just tried to kiss him in the cheek and he moved his head so fast," the reporter, Vitalli Sediuk, says in an interview with Hip Hollywood. "Then it turns out that I wanted to kiss him in the mouth or in the ear. It was chaotic." Overreactions aside, Sediuk regrets how things went down. "I do apologize for my behaiour," he says. "I think it was too much.

Twitter

@BetteMidler
If I had to do what people used to do, like weaving and making their own shoes, I'd be naked and barefoot.

@50cent
Fun facts I'm the reason artist have mix tapes in song format. As much as we would like to can't rewrite history. I AM STREET KING

@SethMacFarlane
In some parallel universe there's an ad for a new sitcom that says "Based on the stand-up comedy of Ethan Hawke".



@SarahKSilverman
gonna go the other way with it & live for your sins

Mommy shaming: From 'Tan Mom' to Time mag

Parenting. Is it ever OK to judge mothers in the spotlight?

LINDSAY CROSS
Mommyish.com

This recent Time cover has caused much examination of mommyhood.

The Olympics are coming this summer. If "Mommy Shaming" was up for a medal, there would be some fierce competition. Just how critical can we be when it comes to moms and their choices? I've recently gotten some first-hand knowledge that proves what a serious issue this has become.

I was shocked when the simple act of allowing my daughter to occasionally put on make-up for special events created an Internet backlash that didn't just take up mommy message boards, but landed a sidebar on the Yahoo homepage. While I never expected everyone to agree with me, because that's just ridiculous, I had no idea that so many people would choose to make huge assumptions about me and my life based on a five-minute snapshot of my daughter and me.

I was told that I'm a horrible parent who doesn't know how to discipline my child and might be "inviting" predators to assault her. All this over lip gloss and blush.

But the more I thought about this surprising outrage, the more I realized that I was just a small blip on the radar for mommy shaming everywhere.

For whatever reason, our culture has decided that it's perfectly acceptable to tear apart women for their parenting shortcomings. In fact, we seem to enjoy it.

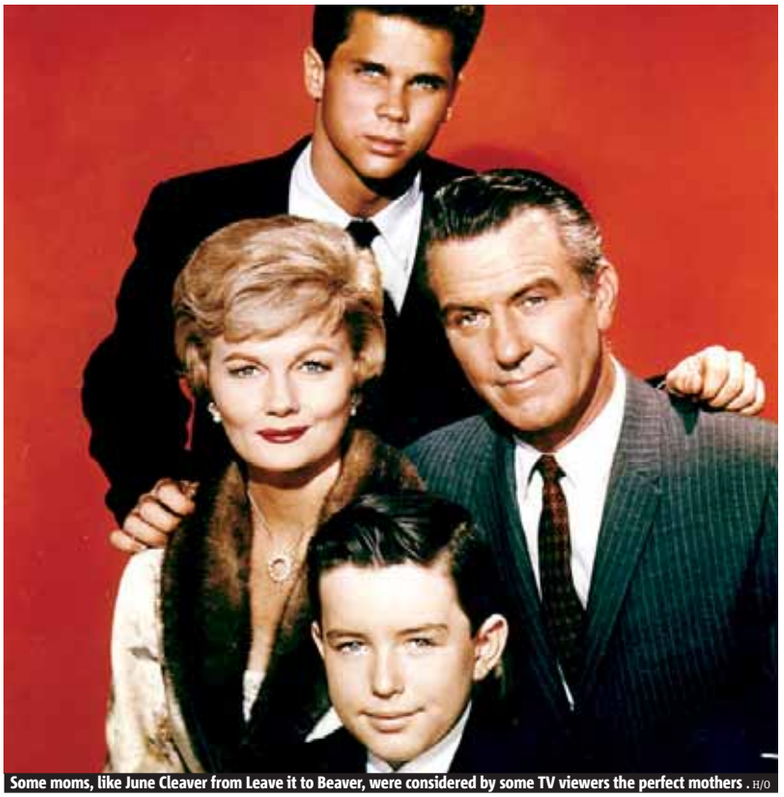
The perfect example might be the story of "Tan Mom," a New Jersey woman who was arrested for possibly endangering her daughter by taking her to the tanning bed.

Patricia Krentcil's seriously bizarre appearance sparked a media frenzy, discussions of tanning addiction and of course, concern for Krentcil's five-year-old daughter who turned up to school with a severe sunburn.

But this story has been so much more than a mom who seems to have a severe addiction. It's been a huge joke, appearing on SNL and prompting an insulting exchange with Jersey Shore's Snookie. Before we even know exactly what happened, we've all judged, tried and convicted this woman. She claims her daughter got burnt playing out in the sun, and if you see the little girl's red hair and pale complexion, it's easy to assume that she reacts really strongly to a little sunlight.

"Tan Mom" is a reminder that addiction can take many forms. It might even be a situation in which this little girl needs a new home until her mother can come to terms with her mental health issues. But did it need to be a circus where we all point and laugh?

Whatever the questionable parenting practice is, there's probably a group of upstanding citizens ready to rip a mom to shreds because of it.


Some moms, like June Cleaver from Leave it to Beaver, were considered by some TV viewers the perfect mothers . H/O

Look at the controversial Time magazine cover. Women who don't breastfeed are made to feel like horrible failures who are selfishly denying their children. But now women who discuss breastfeeding into the toddler years are warned that they're ruining their children for the rest of their lives.

The fact is, we all seem to feel comfortable passing judgment on parents for big or small offences. So often, we see extreme stories like "Tan Mom" and we don't have a problem piling on the negativity.

Maybe I'm still a little defensive, but I think in general that the kids will be alright. The new generation of little ones will adapt to the cultural changes just like we have. It's the moms that I worry about. What divisive parenting practice will come up next, leaving a whole new set of moms open to ridicule and hostility?

Obviously, I think it's important to talk about parenting. I do it everyday. I think that having discussions about parenting practices helps us all make more informed decisions. But I also think that this openness and communication has led to the vilification of moms for big and little offenses alike.

We don't have to agree on everything. But as parents, maybe we should start trying to support each other, even when criticism feels like the natural reaction.

3 LIFE

Pregnancy

Watch your weight

If an expectant mother hopes to limit her chances of giving birth to an abnormally large baby, new research suggests her wisest course of action would be to control her own weight both before and during her pregnancy.

The study, published in the Canadian Medical Association Journal, challenges a growing consensus in the scientific community that elevated glucose levels in the mother are primarily responsible for overly large babies, a condition known as macrosomia.

That data, published in the online issue of the Journal of Maternal Fetal and Neonatal Medicine, found that excessive weight gained during pregnancy increased the chance of producing a large baby regardless of whether the mother herself was overweight.

THE CANADIAN PRESS

On the Web

States urged to do better in aiding grandparents, other relatives who fill child-raising void

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The melt-in-your-mouth goodness of mushrooms

This recipe serves two. NEWS CANADA

1. In small bowl, combine chèvre, 2 tablespoons of Parmesan, herbs and lemon zest. Mix lightly. Set aside.

2. In cast iron skillet over medium heat, melt butter. Once bubbling, sprinkle in dried chili flakes, raise heat to medium-high and add mushrooms. Cook 2 mins, stirring often, then add shallot and season with salt and black pepper. Continue to sauté until mushrooms browned and most of moisture has evaporated, 6 mins. Remove from heat, check for seasoning, and stir in thyme. Set aside.

3. Divide cheese mix over bottom halves of buns. Sprinkle reserved Parmesan over top, then place open sandwiches under hot broiler until cheese is golden and bread is toasted.

4. Meanwhile, toss arugula with olive oil, lemon juice and season with salt and pepper.

5. When the sandwiches are ready, pile half of the mushrooms on one cheese toast. Drizzle with olive oil if desired and top everything with arugula and top piece of bread. Repeat with the second sandwich.

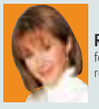
NEWS CANADA/ MUSHROOMS.CA/ TARA O'BRADY OF SEVEN SPOONS BLOG

Ingredients

- 3 ½ oz fresh chèvre
- ½ cup grated Parmesan
- 1 tbsp minced parsley
- 1 ½ tsp minced chives
- Grated zest from half a lemon
- 1 tbsp butter
- ⅛ tsp dried chili flakes
- 3 oz crimini, cleaned and trimmed, cut in halves or quarters, depending on size
- 3 oz king oyster mushrooms, cleaned and trimmed, sliced lengthwise
- 3 oz shiitake mushrooms, cleaned and trimmed, torn into rough pieces
- Kosher salt and freshly-ground black pepper
- ½ tsp fresh thyme leaves
- 2 medium buns, split
- ½ cup loosely packed arugula leaves
- Extra-virgin olive oil for drizzling
- Juice from half a lemon

Healthy eating

Choose it and lose it



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Burgers are a lunch favourite but you need to watch those toppings and side dishes because the usual suspects will cost you in calories, fat and sodium.

Montana's Canadiana Burger with Fries

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This burger's fatty Peameal bacon, Colby cheese and mayo result in a day's worth of calories and fat.

Equivalent
Aside from the fat, calories and two days worth of sodium, the Canadiana Burger from Montana's is equal to 1 cup of salted butter in calories.

Montana's Sirloin Burger with Mashed Potatoes

880 calories/ 48 g fat/ 20.5 g saturated fat/ 1,580 mg sodium
This burger can be loaded with veggies. Mashed potatoes save you more than 300 calories.

Paint your way to cleaner air

Damage control. Can a new kind of paint 'react to pollutants and neutralize them'? Metro investigates

BEN KNIGHT
life@metronews.ca

Most efforts to combat air pollution focus on keeping pollutants from hitting the air in the first place.

Ultimately, that simply isn't possible — especially in the world's biggest, most polluted cities.

But now an innovative company in the Philippines has found a way to remove dangerous nitrogen oxides (NOx) from the air in traffic-snarled Manila.

Pollution solution?

"One square meter of our paints cleans as much NOx as a mature tree. One artwork of a thousand square metres is really like planting a thousand trees."

Johnson Ongking, vice-president of Boysen Paints

… Using paint.

"We're trying to turn something that is harmful to human health and the environment into something that is essentially harmless," says Johnson Ongking, vice-president of Boysen Paints.

The product — called Boysen KNOxOUT — is an exciting new use for titanium dioxide, a chemical commonly used to make paint white.

"When you make it into a really small size, you amplify its ability to react to pollutants and neutralize them," Ongking explains.

"It also gives the paint self-cleaning properties. It's really powerful stuff."

Basically, the paint reacts with light and the water vapour in the air, snagging NOx and converting it into calcium nitrate, a far less dangerous compound.

"Calcium nitrate is used as a fertilizer," he adds. "So, in essence, what you've done is locked up a harmful gas into a solid particle, that can just be washed off the wall."

The paint causes the reaction, but isn't actually consumed by it. This means the titanium dioxide catalyst never gets saturated.

"As long as the paint's on the wall and you've got a source of light, the process just keeps going on. It's really the water vapour molecules doing the work."

Breathing easier

The paint's potential:

- **20%.** The reduction in nitrogen oxide recorded in high-traffic sections of Manila during trails of Boysen KNOxOUT anti-pollution paint.

Tests at high-pollution traffic junctions in Manila are showing a 20 per cent drop in NOx levels.

The company is now commissioning eight gigantic roadside murals to be painted with KNOxOUT — each a thousand-square metres.

"One of the things people do when they want to help the environment is to go plant a tree," Ongking says. "One square meter of our paints cleans as much NOx as a mature tree. One artwork of a thousand square metres is really like planting a thousand trees."

Early results are so encouraging, the paint is now being studied by cities around the world.

"There's been really strong interest," he concludes. "Air pollution is a problem globally."

Take that, pollutants: Boysen KNOxOUT paint can help remove dangerous nitrogen oxides from the air. ISTOCK IMAGES

Career checkup

Trends. Chronic diseases and elder care will impact health-care field in the coming years

YLVA VAN BUUREN
For Metro

The aging population and the prevalence of chronic diseases are two huge trends that will impact careers in health care in Canada in coming years.

"We must think through how we organize health-care services for the growing population of seniors," says Judith Shamian, president of the Canadian Nurses Association, Ottawa, "to make sure they stay as healthy and functional and at home for as long as possible."

According to the Canadian Institute of Health Information (CIHI), 93 per cent of seniors live at home and that's where they would like to stay for as long as possible.

At the same time, chronic diseases such as diabetes, heart disease, obesity and cancer are now the biggest global cost drivers in health care, says Shamian.

Here is a look at how these trends may translate into health-care careers.

DISEASE MANAGEMENT AND PREVENTION

By 2025, one in four Canadians will be older than the age of 65. And three-quarters of seniors have at least one chronic health condition, says Kathleen Morris, director of health system analysis and emerging issues at CIHI, Ottawa.

"Today we manage the disease," says Shamian, "but we're not managing the lifestyle factors that increase the risk of chronic diseases, nor the prevention."

Doctors, nurses and physical therapists are key, but patients (young and old) need "preventive" counselling, too — how management and healthy lifestyle habits may prevent conditions from worsening (or developing in the first place).

GERONTOLOGY

There is a growing need for health-care providers who specialize in the elderly. Research shows that seniors actually do better when they are cared for by doctors who specialize in the care of older adults — or geriatricians, says Dr. Ken Rockwood, geriatrician, professor and director of geriatric medicine research at Dalhousie University, Halifax.

INTEGRATED CARE

"As people age, they have more than one illness, and often more than one illness active at a time," says Rockwood. Integrated care will become more important with collaboration between the different health professionals.

HOME HEALTH CARE

Home health care is important for seniors who want to remain at home, but also because people are increasingly discharged early from hospital and still require continuing care, says Pam Nordstrom, director of the School of Nursing at Mount Royal University in Calgary.

Along with traditional health services such as nursing, physiotherapy and mental health support there may also be supportive roles in helping co-ordinate and deliver the range of services needed.

TECHNOLOGY

Engineering and computer sciences have a role in health care because they can help make a home and public facilities more senior friendly — from memory aids to bigger utensils and shower chairs.

SUPPORT SERVICES

Manpower forecasts an increase in non-clinical jobs in health care such as medical clerks and assistants, bilingual service reps, health and safety co-ordinators, and clinical data managers.

"These jobs are not age discriminate," says Michelle Dunnill, Toronto branch manager, Manpower, "and often great for people changing careers."

There is also a need for senior support services such as snow shovelling, home maintenance and transportation.

Explore the many rewarding careers available in the health-care field.
STOCKBYTE/THINKSTOCK

Become part of the NP team

A nurse practitioner (NP) just might be the hottest career in health care. These nurses provide primary care that includes health promotion and illness prevention, too — skills that are needed in today's world.

But that's not all.

A nurse practitioner is a registered nurse with additional education and experience, which allows for a broader role than that of a registered nurse. A nurse practitioner can diagnose patients, prescribe most medications and order diagnostics tests such as X-rays and ultrasounds as well as lab work and blood work.

"The nursing perspective and blend that the nurse practitioner can bring is a perfect opportunity to provide improved care, and it also improves access for patients," says Claudio Mariano, president of Nurse Practitioners' Association of Ontario.

"We are responsible for providing clinical care to patients and managing chronic disease like diabetes and high blood pressure and just for providing routine wellness care and health screening in the context of physical examinations and general wellness care and health promotion."

The nurse practitioner is always part of a team, employed in community clinics, health-care centres, doctors' offices, nursing homes and emergency departments of hospitals.

"Nurse practitioners have played a valuable and essential role in the system for many decades," says Judith Shamian, president, Canadian Nurses Association. "Given the stress the health-care system is currently under, now is the time to realize just how much more value nurse practitioners can bring to Canadians' health care."

To apply to a nurse practitioner program, you have to be a registered nurse with a four-year undergraduate degree in nursing and a minimum of two years experience as an RN.

For more information, contact the college of nurses or the nurse practitioners' association in your province or territory. YLVA VAN BUUREN

Hospitals. A little bit of joy during trying times

JON TATTRIE
For Metro

In a busy hospital for children, young patients may be overwhelmed by the doctors, nurses and technicians buzzing in and out of their room — which makes the unexpected appearance of a hospital clown all the more wondrous.

One of the most established programs in Canada is at Toronto's Hospital for Sick Children. Kathleen Le Roux worked as a therapeutic clown there for 10 years and is a founding member of the Canadian Association of Therapeutic Clowns.

"It was joyful, it was exciting, it was sad at times, it was moving, it was playful. It was many things," she says of her work at the hospital. "The goals and benefits of therapeutic clown work are to help alleviate stress and to improve the quality of life of those coping with illness. Therapeutic clowns focus on patients' abilities and strengths, always seeking to empower and give choice to the patient."

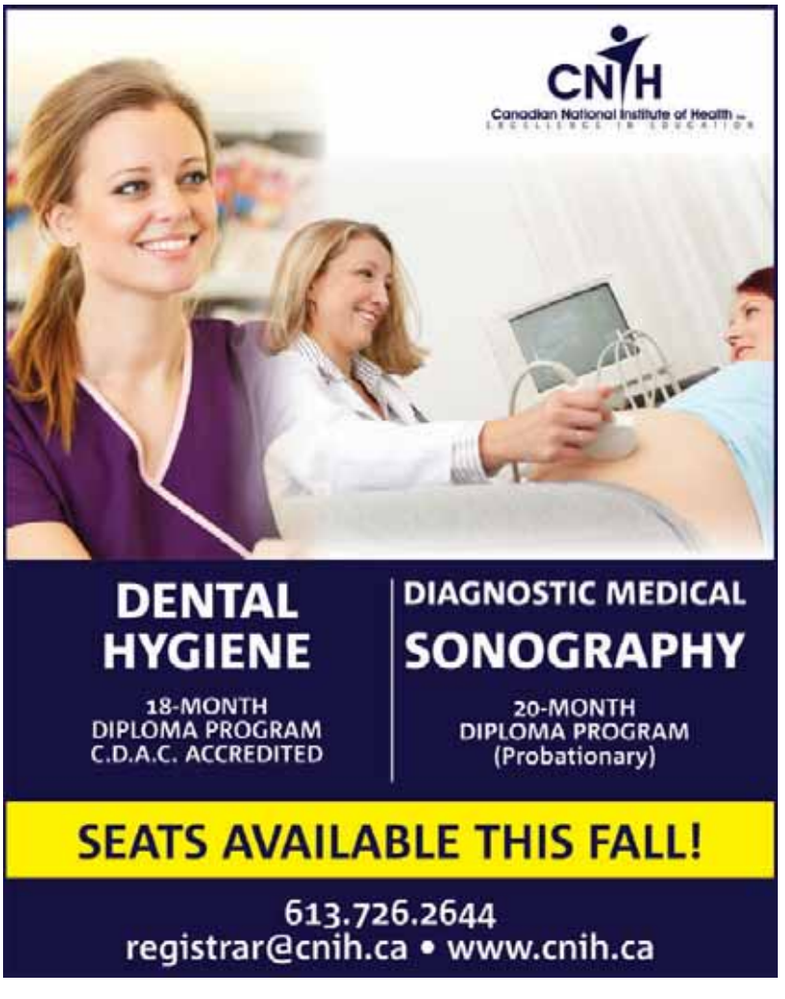
The clowns also work with medical professionals to monitor a child's recovery, for example, reporting how children with brain injuries improve in their eye-tracking of the clown's movements.

Therapeutic clowns Heather Annis, left, and Kathleen Le Roux.
CONTRIBUTED

Getting work as a hospital clown requires a strong background in clowning. You can study clowning as part of a theatre degree, at a workshop, or at professional schools in France. From there, therapeutic clowns take a six-month or year mentorship for hospital work.

Le Roux cautions clowning is not a career for the faint of heart.

"It means examining the self because the clown is really oneself in your full authenticity. It's one of the scariest things to do. You really have to accept yourself; all of your great strengths and weaknesses and vulnerabilities."



Visit Leslie Traill's website at sexyoversixty.com.

She's making a list, and marking it 'life'

It's never too late for a turnaround. Leslie Traill is helping those around her reach their full potential

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

Leslie Traill is a master of career reinvention.

From the legal profession, to the fashion world to becoming a successful life, health and wellness coach, Leslie has grown and evolved along with her career.

She says the keys to r einventing yourself are having the courage to act on your ideas, overcoming fear and doubt and then identifying tangible goals.

"Write down what you want to accomplish in a month then break it down to what you can do per week and each day. You make yourself accountable and that's what I found to be the most important thing in reinventing myself. When you look at your list and it's all crossed off you have an incredible sense of accomplishment and it gives you the strength and self confidence to move forward to the next day."

Now in her sixth decade of life, Leslie says she's cracked the code of youthfulness and is passing it on to her clients through meditation and coaching.

"I empower women aged 45 and beyond to live vital, youthful, healthy and focused lives. Change your mind, change your body, change your life!"

Write it down

"When you look at your list and it's all crossed off you have an incredible sense of accomplishment and it gives you the strength and self confidence to move forward to the next day."

Leslie Traill

Game plan

A coach's advice

- Be clear about your passion and take tangible steps to make it happen. Go for it.
- Write down where you want to see yourself in five years. Then do monthly, weekly and daily planning.
- Break down the doable steps to get there and make them your goals.
- Allow yourself to make mistakes and don't allow any naysayers to put out your passion.
- Create a team. If you surround yourself with like-minded people it allows you to get over the little humps in life on your way to success.

Can video games help us to learn?

Common themes

Kapp has identified four common themes of video game design that can be applied to college-level lesson plans.

1. **A challenge put forth at the outset of the course.**
2. **Integration of the student's experience into a narrative.**
3. **Constant feedback on individual progress.**
4. **A freedom to fail without penalty.**

BRUCE WALSH
Metro News in Philadelphia

When you open up a new video game, do you read the instructions? Of course not.

It's just more fun to jump in and start pressing buttons. And, according to author Karl M. Kapp, that's an instinct that educators should harness.

In his latest book, The Gamification of Learning and Instruction, Kapp lays out his vision for appropriating the principles of video game design for the classroom.

Surprisingly, his theories have little to do with online learning and more to do with the nuts and bolts of the traditional classroom.

"If we're clever about it, we can get to what really matters in games: It gives people a sense of purpose and mission, and it taps into our internal drives to overcome challenges," says Kapp, a professor at Bloomsburg University.

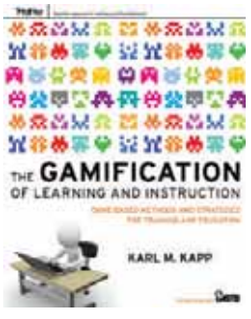
"It's about thinking like a game designer. They think challenge first, interactivity first, engagement first.

In training, we tend to think content first. But content doesn't mean anything unless it's in a certain context."

For Kapp, at the heart of a well-designed course is providing students with an opportunity to learn as they fail — to throw away the instruction manual and get right to work.

"Recently I oversaw an investigator training class, and the first day they said: 'Today we're going to learn the model for investigating,'" explains Kapp.

"I think that's a bad model. As soon as the person walks into the class, you should say, 'Look, someone's been accused of embezzling $10,000. What are you going to do?'"



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Office 101: How to not get yourself fired

Top three office rules

All in a day's work.

- **Do not disturb.** Avoid smelly lunches, and if you're making personal phone calls while you eat, be discreet.
- **Be the best.** Show initiative and ask to take a class if necessary.
- **Forget your problems.** Personal problems should be left at home.

Tips for success.
When a company is in trouble, your every move will be is scrutinized. But that doesn't mean you're next to go

Following a few basic guidelines will keep you on the job JUPITERIMAGES.COM

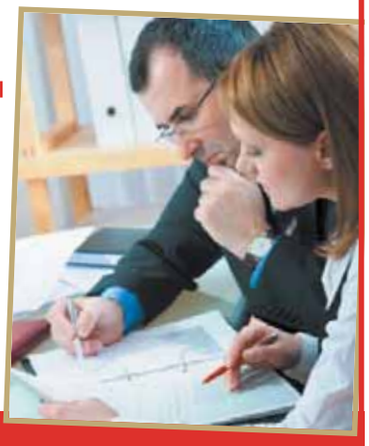
Learn to handle a handshake
People will judge you within seconds. As lovely as you may be, a sloppy handshake is likely to leave a bad impression.
"A handshake needs to be firm, but not too firm. Make sure you look the person in the eye as you clasp their hand and not over their shoulder," says etiquette and protocol expert William Hanson.

Look the part: look after yourself
How can you look after an account if you're incapable of looking after yourself? Hanson believes everything about you needs to be perfect, "make sure your clothes fit, your shoes are polished and your laces aren't frayed. Don't give the impression you just rolled out of bed."
When you exchange business cards with a client, never pull out the one you had scrunched up at the bottom of your bag. Keep them in a case so they don't get damaged. It's also crucial you check the details (title and number) are up to date before handing it out insists Hanson.
Less really is more ladies. Wearing too much makeup can be distracting and express a lack of self-confidence. "You want to look nice, but you don't want your face to do all the talking," he adds.

Cherish a needy boss
Be indispensable. Find out what your boss doesn't like to do and strive to excel in whatever that is says etiquette expert Jacqueline Whitmore: "Dependability in this economy is key. Show up on time and never hesitate to put in those extra hours. If you're not available, your boss will just run to someone else for help."

Don't become the office jerk
Ditch the bad attitude. Most people would rather work with someone who's so-so at getting the job done but pleasant, than with someone who's extremely skilled, but a total jerk.
METRO WORLD NEWS

CONSIDER A CAREER AS A PARALEGAL



Did you know that to practice as a Paralegal in Ontario you must be licensed by the Law Society of Upper Canada (LSUC)? In order to write the LSUC licensing exam,you must graduate from a program of study accredited by LSUC.

The paralegal program at Algonquin Careers Academy is accredited by LSUC. The objective of this program is to provide both theoretical and "hands-on"training in the key areas of paralegal work and to ensure the student is prepared to successfully undertake the Law Society's licensing exam.

The need for well-trained,competent legal professionals has never been greater. Paralegals may find employment in a wide variety of workplaces, including:

- Government (Federal, Provincial, Municipal)
- Advocacy agencies
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- Legal Clinics
- Banks/Financial Institutions
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- Large Corporations

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4 SPORTS

UFC

"It's not bad for a nice guy, huh?... Frank Mir is a really good fighter, too. I came here to defend my belt, and I did it."

UFC heavyweight champion Junior Dos Santos, who picked apart two-time ex-champion Frank Mir with superior boxing throughout their title fight on Saturday in Las Vegas, eventually sending Mir stumbling onto his back before finishing him with one last blow to the head.

Tennis

Wozniak wins Canadian battle at French Open

Aleksandra Wozniak provided a bright spot for Canada on the first day of the French Open with a 7-5, 6-2 win over compatriot Heidi El Tabakh. The 57th-ranked Wozniak trailed 4-1 in Sunday's opening set against El Tabakh. But the Toronto resident, ranked 183rd in the world, missed on three nervous set points and was broken as Blainville, Que., native Wozniak turned the momentum.

THE CANADIAN PRESS

On the web

Marty McSorley hopes the Kings stick it to the Devils. It was 19 years ago that the former pugilist was whistled for an illegal curve on his stick in Game 2 of the 1993 Stanley Cup final against Montreal. The penalty led to a Habs win on their way to a Stanley Cup victory. Scan the code for the story.

Canada's Ryder Hesjedal kisses the trophy after winning the 95th Giro d'Italia Sunday in Milan. FABIO FERRARI/THE ASSOCIATED PRESS

Hesjedal storms to victory in Italy

Giro d'Italia. 31-year-old is first Canadian to win one of cycling's three major tour races

Canada's Ryder Hesjedal didn't realize history was within his grasp until he was about five kilometres from the Giro d'Italia finish line.

Aware he had a chance to overcome Joaquin Rodriguez's 31-second overall lead in Sunday's final stage, Hesjedal broke out onto the streets of Milan determined to keep victory from slipping away.

Only near the end did he find out he would become the first Canadian to win one of cycling's three major tour races.

"Nothing anyone could have said to me could have changed how hard I rode," he said.

Hesjedal took 34 minutes 15 seconds to complete Sunday's 28.2-kilometre individual time trial in sixth — 20 places ahead of his Spanish rival. His 16-second margin of victory was the second closest in Giro history.

"It's just been an unreal experience from Day 1, what the team was able to do. It's unbelievable," said the Victoria native, who finished the race in 91 hours 39 minutes two seconds. "This is incredible. It's a dream come true."

Like the rest of the riders, Hesjedal had been through a demanding mountain ride to the top of the Stelvio Pass in northern Italy on Saturday.

"Yesterday was extremely hard," he said. "I got through it and I knew as I was on the helicopter descending into Milan that I still had a shot. This morning I just felt incredible on my bike and I knew I could do it."

Though he hadn't taken his victory chances seriously before the race, Hesjedal's thinking started to change after he first wore the overall leader's pink jersey in Stage 7.

"The day I pulled on the jersey for the first time, I knew I was good and could accomplish something great and that drove me harder."

Prime Minister Stephen Harper was among the Canadians celebrating.

"This remarkable win in one of bicycle racing's most gruelling competitions is a testimony to Mr. Hesjedal's training, endurance, skill and competitive spirit," Harper said in a statement.

THE CANADIAN PRESS

Bright future

Hesjedal, only the third non-Italian to win the Giro d'Italia in 15 years, said that his win will do wonders for cycling in Victoria and hopefully inspires the next generation of Canadian cyclists.

- "I think Canadian cycling is at the highest level it's ever been and I think this will just continue that movement," he said. METRO

Golf

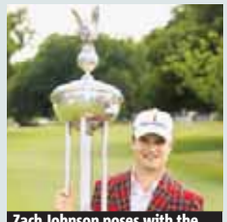
Johnson on top again at Colonial

Zach Johnson was so caught up in the emotion of another Colonial title and a victory in honour of his caddie's late father that he forgot to properly remark his ball before his final putt.

Even with a two-stroke penalty, Johnson won by one over Jason Dufner and got to slip on the plaid jacket Sunday for his first victory since also winning at Hogan's Alley two years ago.

"There's a number of adjectives I'm calling myself right now. And lucky would be the biggest one," Johnson said.

THE ASSOCIATED PRESS



Zach Johnson poses with the trophy Sunday in Fort Worth, Texas. GETTY IMAGES

NFL

Lions' Nick Fairley arrested on DUI charge

Detroit Lions defensive tackle Nick Fairley has been arrested in Alabama on charges of driving under the influence and attempting to elude police, his second arrest in his home state in two months.

Alabama state troopers say the 24-year-old passed a state trooper early Sunday morning at 100 mph in his Cadillac Escalade in unincorporated Mobile County. THE ASSOCIATED PRESS

MLB. Darvish fights pain as Rangers rock Blue Jays

Yu Darvish had to deal with an upset stomach and a sore lower back. At least he didn't have the misfortune of facing the bruising Texas lineup.

Adrian Beltre homered during a seven-run second inning, Darvish posted his seventh victory and the Rangers defeated the Toronto Blue Jays 12-6 on Sunday for a three-game sweep.

"I did tell the coaches that I wasn't feeling good," Darvish said through a translator. "I could have gone six or seven innings. In the end, the manager made the decision to stop me."

Darvish (7-2) breezed through the first two innings, but gave a run in each of the next three innings and was pulled. He threw 93 pitches on, allowing seven hits and walking three.

THE ASSOCIATED PRESS

Quoted

"I'm not looking at it as an injury. I feel comfortable saying that I should be able to treat this and be ready for my next start."

Yu Darvish, on his sore back

Formula 1

Webber's win in Monaco leaves title race wide open

If Mark Webber's victory in the Monaco Grand Prix from pole position came as no surprise given the nature of the track, the Australian's triumph on Sunday still made Formula One history and left the championship even more open after six races of a thrilling season.

For the first time ever in the sport, a sixth different driver has won each of the six opening races.

THE ASSOCIATED PRESS

Auto racing. Franchitti pulls off Indy 500 hat trick

Dario Franchitti stamped his name in the record books, as a three-time winner of the Indianapolis 500.

But this was not about Franchitti: It was all for Dan Wheldon.

Franchitti won a wheel-to-wheel, last-lap battle Sunday, sailing away to the checkered flag when Takuma Sato spun out trying to make one last pass on the inside and slammed into the wall. Franchitti's Chip Ganassi Racing teammate Scott Dixon crossed the finish line right behind the Scotsman.

Third went to Tony Kanaan, making it a podium sweep for Wheldon's three closest friends in the IndyCar series. Wheldon, the defending race winner, was killed in the October season finale, and the entire day was in honour of D-dub, their fallen friend. THE ASSOCIATED PRESS

Dario Franchitti celebrates in victory circle Sunday at Indianapolis Motor Speedway. THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Baltimore	29	19	.604	—
Tampa Bay	29	19	.604	—
New York	26	21	.553	2½
Toronto	24	24	.500	5
Boston	23	24	.489	5½

CENTRAL DIVISION

	W	L	Pct	GB
Cleveland	26	21	.553	—
Chicago	26	22	.542	½
Detroit	23	24	.489	3
Kansas City	19	27	.413	6½
Minnesota	15	32	.319	11

WEST DIVISION

	W	L	Pct	GB
Texas	30	18	.625	—
Los Angeles	24	25	.490	6½
Oakland	22	26	.458	8
Seattle	21	29	.420	10

Yesterday's results
Texas 12 Toronto 6
Chicago White Sox 12 Cleveland 6
Detroit 4 Minnesota 3
Kansas City 4 Baltimore 2
L.A. Angels 4 Seattle 2
N.Y. Yankees 2 Oakland 0
Tampa Bay 4 Boston 3
Saturday's results
Texas 8 Toronto 7 (13 innings)
Boston 3 Tampa Bay 2
Chicago White Sox 14 Cleveland 7
Detroit 6 Minnesota 3
Kansas City 4 Baltimore 3
L.A. Angels 5 Seattle 3
N.Y. Yankees 9 Oakland 2
Today's games — All Times Eastern
Detroit (Fister 0-2) at Boston (Doubront 4-2), 1:35 p.m.
Oakland (Blackley 0-0) at Minnesota (Diamond 3-1), 2:10 p.m.
Chicago White Sox (Sale 5-2) at Tampa Bay (M.Moore 1-4), 3:10 p.m.
Kansas City (Adcock 0-2) at Cleveland (Tomlin 1-2), 4:05 p.m.
Baltimore (Tom.Hunter 2-2) at Toronto (Hutchison 3-2), 7:07 p.m.
Seattle (Millwood 3-4) at Texas (M.Harrison 5-3), 8:05 p.m.
N.Y. Yankees (P.Hughes 4-5) at L.A. Angels (Weaver 6-1), 9:05 p.m.

RANGERS 12, BLUE JAYS 6

Toronto	ab	r	h	bi	Texas	ab	r	h	bi
YEscor ss	2	1	1	0	Kinsler dh	5	2	2	4
RDavis rf	2	0	0	0	Andrus ss	5	1	2	2
Rasms cf	5	2	3	2	Hamltn cf	4	0	0	0
Bautist rf-3b	4	0	0	1	Gentry ph-cf	1	0	0	0
Encrnc dh	5	0	2	1	Beltre 3b	4	1	1	2
Thams lf	4	0	0	0	MYong 2b	4	1	3	0
Arencii c	4	2	2	2	DvMrp lf	3	2	1	0
Lawrie 3b-ss	3	0	1	0	N.Cruz rf	4	1	1	1
Cooper 1b	4	0	0	0	Napoli c	3	3	2	2
Vizquel 2b	3	1	1	0	Morlnd 1b	3	1	0	1
Totals	**36**	**6**	**10**	**6**	**Totals**	**36**	**12**	**12**	**12**

Toronto	**001**	**110**	**012 — 6**
Texas	**072**	**000**	**30x — 12**

DP—Texas 1. LOB—Toronto 7, Texas 3. 2B—Rasmus (9), Lawrie (5), Kinsler (15), Andrus (11), M.Young (10), N.Cruz (12). HR—Rasmus (5), Arencibia 2 (9), Kinsler (6), Beltre (10), Napoli (8). SB—Lawrie (7).

Toronto	IP	H	R	ER	BB	SO
Drabek L,4-5	3	8	9	9	3	1
J.Chavez	5	4	3	3	0	7
Texas						
Darvish W,7-2	5	7	3	3	3	3
M.Lowe	2	1	0	0	0	1
Ogando	2-3	1	1	1	0	0
Tateyama	1 1-3	1	2	2	1	1

WP—Darvish.
T—2:48. A—46,637 (48,194) at Arlington, Texas.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	28	18	.609	—
New York	27	21	.563	2
Atlanta	26	22	.542	3
Miami	26	22	.542	3
Philadelphia	25	24	.510	4½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	27	20	.574	—
St. Louis	26	22	.542	1½
Pittsburgh	23	24	.489	4
Houston	22	25	.468	5
Milwaukee	19	28	.404	8
Chicago	15	32	.319	12

WEST DIVISION

	W	L	Pct	GB
Los Angeles	32	15	.681	—
San Francisco	25	23	.521	7½
Arizona	22	26	.458	10½
Colorado	17	29	.370	14½
San Diego	17	32	.347	16

Yesterday's results
Arizona 4 Milwaukee 3
Cincinnati 7 Colorado 5
L.A. Dodgers 5 Houston 1
N.Y. Mets 2 San Diego 0
Pittsburgh 10 Chicago Cubs 4
San Francisco 3 Miami 2
St. Louis 8 Philadelphia 3
Washington at Atlanta
Saturday's results
Arizona 8 Milwaukee 5
Cincinnati 10 Colorado 3
L.A. Dodgers 6 Houston 3
Miami 5 San Francisco 3
N.Y. Mets 9 San Diego 0
Philadelphia 4 St. Louis 0
Pittsburgh 3 Chicago Cubs 2
Washington 8 Atlanta 4
Today's games — All Times Eastern
Philadelphia (Hamels 7-1) at N.Y. Mets (Niese 3-2), 1:10 p.m.
St. Louis (Lynn 7-1) at Atlanta (Hanson 5-3), 1:10 p.m.
Washington (Zimmermann 3-4) at Miami (Zambrano 2-3), 1:10 p.m.
Cincinnati (Arroyo 2-2) at Pittsburgh (Ja.McDonald 3-2), 1:35 p.m.
San Diego (Suppan 2-3) at Chicago Cubs (T.Wood 0-1), 2:20 p.m.
Houston (W.Rodriguez 4-4) at Colorado (Nicasio 2-2), 3:10 p.m.(1st game)
Arizona (Cahill 2-4) at San Francisco (Zito 3-2), 5:05 p.m.
Houston (Undecided) at Colorado (White 1-3), 8:10 p.m. (2nd game)
Milwaukee (Marcum 2-3) at L.A. Dodgers (Harang 3-2), 8:10 p.m.

HOCKEY

MEMORIAL CUP

CANADIAN MAJOR JUNIOR CHAMPIONSHIP

At Shawinigan, Que.
Last night's result
CHAMPIONSHIP
London vs. Shawinigan

RECENT CHAMPIONS

2012 — London Knights or Shawinigan Cataractes
2011 — Saint John Sea Dogs
2010 — Windsor Spitfires
2009 — Windsor Spitfires
2008 — Spokane Chiefs
2007 — Vancouver Giants
2006 — Quebec Remparts
2005 — London Knights
2004 — Kelowna Rockets

NHL PLAYOFFS

STANLEY CUP FINAL

(Best of 7)
Wednesday's game — All Times Eastern
Los Angeles at New Jersey, 8 p.m.
Saturday, June 2
Los Angeles at New Jersey, 8 p.m.
Monday, June 4
New Jersey at Los Angeles, 8 p.m.
Wednesday, June 6
New Jersey at Los Angeles, 8 p.m.
Saturday, June 9
x-Los Angeles at New Jersey, 8 p.m.
Monday, June 11
x-New Jersey at Los Angeles, 8 p.m.
Wednesday, June 13
x-Los Angeles at New Jersey, 8 p.m.
x — played only if necessary.

SCORING LEADERS

	G	A	PT
Kovalchuk, NJ	7	11	18
Giroux, Pha	8	9	17
D.Brown, LA	7	9	16
Kopitar, LA	6	9	15
B.Richards, NYR	6	9	15
Parise, NJ	7	7	14
Briere, Pha	8	5	13
Zajac, NJ	7	5	12
Girardi, NYR	3	9	12
Gaborik, NYR	5	6	11
M.Richards, LA	4	7	11
Henrique, NJ	3	8	11
Salvador, NJ	3	8	11
J.Williams, LA	2	9	11
Callahan, NYR	6	4	10
McDonald, StL	5	5	10
Vermette, Phx	5	5	10
Anisimov, NYR	3	7	10
Clarkson, NJ	3	7	10
Penner, LA	3	7	10
Del Zotto, NYR	2	8	10
Doughty, LA	2	8	10
Voracek, Pha	2	8	10
J.Staal, Pgh	6	3	9
Doan, Phx	5	4	9

CYCLING

GIRO D'ITALIA

At Milan, Italy
Yesterday's results
Final stage — 28.2 kilometre time trial
1. Marco Pinotti, Italy, BMC Racing, 33 minutes, six seconds; 2. Geraint Thomas, Britain, Sky Procycling, 39 seconds behind; 3. Jesse Sergent, New Zealand, RadioShack-Nissan, 0:53; 4. Alex Rasmussen, Denmark, Garmin-Barracuda, 1:00; 5. Thomas De Gendt, Belgium, Vacansoleil, 1:01; **6. Ryder Hesjedal, Victoria, Garmin-Barracuda, 1:09**; 7. Gustav Erik Larsson, Sweden, Vacansoleil, 1:14; 8. Maciej Bodnar, Poland, Liquigas, 1:15; **9. Svein Tuft, Langley, B.C., Orica-GreenEdge, 1:22**; 10. Julien Vermote, Belgium, Omega Pharma-Quickstep, 1:23.
Other Canadian — 150. Christian Meier, Sussex, N.B., Orica-GreenEdge, 5:24.
Overall Standings (final after 21 stages)
1. Ryder Hesjedal, Victoria, Garmin-Barracuda, 91 hours, 39 minutes, two seconds; 2. Joaquin Rodriguez, Spain, Katusha, 16 seconds behind; 3. Thomas De Gendt, Belgium, Vacansoleil, 1:39; 4. Michele Scarponi, Italy, Lampre, 2:05; 5. Ivan Basso, Italy, Liquigas, 3:44; 6. Damiano Cunego, Italy, Lampre, 4:40; 7. Rigoberto Uran Uran,Columbia, Sky Procycling, 5:57; 8. Domenico Pozzovivo, Italy, Colnago, 6:28; 9. Sergio Montoya, Colombia, Sky Procycling, 7:50; 10. Mikel Nieve, Spain, Euskaltel, 8:08.
Other Canadians — 135. Christian Meier, Sussex, N.B., Orica-GreenEdge, 4:23:03; 148. Svein Tuft, Langley, B.C., Orica-GreenEdge, 4:52:35.

AUTO RACING

INDY 500

At Indianapolis
Yesterday's results
(starting position in parentheses)
1. (16) Dario Franchitti, Honda, 200 laps; 2. (15) Scott Dixon, Honda, 200; 3. (8) Tony Kanaan, Chevrolet, 200; 4. (27) Oriol Servia, Chevrolet, 200; 5. (1) Ryan Briscoe, Chevrolet, 200; **6. (2) James Hinchcliffe, Oakville, Ont., Chevrolet, 200**; 7. (21) Justin Wilson, Honda, 200; 8. (14) Charlie Kimball, Honda, 200; 9. (20) Townsend Bell, Honda, 200; 10. (6) Helio Castroneves, Chevrolet, 200.
11. (10) Rubens Barrichello, Chevrolet, 200; **12. (11) Alex Tagliani, Lachenaie, Que., Honda, 200**; 13. (12) Graham Rahal, Honda, 200; 14. (18) J.R. Hildebrand, Chevrolet, 200; 15. (17) James Jakes, Honda, 200; 16. (23) Simon Pagenaud, Honda, 200; 17. (19) Takuma Sato, Honda, 199, contact; 18. (9) E.J. Viso, Chevrolet, 199; 19. (22) Michel Jourdain, Honda, 199; 20. (25) Sebastien Bourdais, Chevrolet, 199.
21. (28) Ed Carpenter, Chevrolet, 199; 22. (30) Katherine Legge, Chevrolet, 199; 23. (13) Ana Beatriz, Chevrolet, 190; 24. (4) Marco Andretti, Chevrolet, 187, contact; 25. (7) Josef Newgarden, Honda, 161, mechanical; 26. (24) Sebastian Saavedra, Chevrolet, 143, electrical; 27. (3) Ryan Hunter-Reay, Chevrolet, 123, suspension; 28. (5) Will Power, Chevrolet, 79, contact; 29. (29) Mike Conway, Honda, 78, contact; 30. (31) Bryan Clauson, Honda, 46, mechanical.
31. (26) Wade Cunningham, Honda, 42, electrical; 32. (32) Simona de Silvestro, Lotus, 10, 105 percent rule; 33. (33) Jean Alesi, Lotus, 9, 105 percent rule.
RACE STATISTICS
Time of Race: Two hours, 58 minutes, 51.2532 seconds.
Winner's Average Speed: 167.734 m.p.h.
Margin of Victory: Race finished under caution.
Cautions: Eight for 39 laps.
Lead Changes: 34 among 10 drivers.
Lap Leaders: Hinchcliffe, 1; Briscoe, 2-4; **Hinchcliffe, 5-6**; Briscoe, 7-15; **Hinchcliffe, 16-17;** Briscoe, 18-19; Andretti, 20-21; Briscoe, 22; Andretti, 23-44; **Tagliani, 45-46**; Dixon, 47; Kimball, 48-49; Andretti, 50-73; Dixon, 74-78; Kimball, 79; Andretti, 80-90; Dixon, 91-118; Sato, 119-123; Barrichello, 124-125; Sato, 126-146; Dixon, 147; Sato, 148-152; Franchitti, 153-159; Dixon, 160; Franchitti, 161-162; Dixon, 163-171; Franchitti, 172-173; Dixon, 174-176; Franchitti, 177; Dixon, 178; Franchitti, 179-186; Kanaan, 187-193; Franchitti, 194; Dixon, 195-198; Franchitti, 199-200.
IRL SERIES STANDINGS
1. Power, 200; 2. (tie), Castroneves and **Hinchcliffe**, 164; 4. Dixon, 153;, 5. Hunter-Reay, 143; 6. (tie), Franchitti and Pagenaud, 136; 8. Briscoe, 128; 9. Kanaan, 113; 10. Hildebrand, 103.

F1 MONACO GRAND PRIX

At Monaco
Yesterday's results
1. Mark Webber, Australia, Red Bull, 78 laps, one hour, 46 minutes, 6.557 seconds, 147.312 km/h; 2. Nico Rosberg, Germany, Mercedes, 78, 1:46:07.200; 3. Fernando Alonso, Spain, Ferrari, 78, 1:46:07.504; 4. Sebastian Vettel, Germany, Red Bull, 78, 1:46:07.900; 5. Lewis Hamilton, Britain, McLaren, 78, 1:46:10.658; 6. Felipe Massa, Brazil, Ferrari, 78, 1:46:12.752; 7. Paul di Resta, Britain, Force India, 78, 1:46:48.094; 8. Nico Hulkenberg, Germany, Force India, 78, 1:46:49.119; 9. Kimi Raikkonen, Finland, Lotus, 78, 1:46:50.593; 10. Bruno Senna, Brazil, Williams, 78, 1:46:51.073.

GOLF

PGA CROWNE PLAZA INVITATIONAL AT COLONIAL

At Fort Worth, Texas
Par 70 — Final Round

Zach Johnson, $1,152,000	64-67-65-72—268
Jason Dufner, $691,200	65-64-66-74—269
Tommy Gainey, $435,200	66-67-73-67—273
Jim Furyk, $307,200	69-69-68-68—274
Harris English, $216,960	65-70-73-67—275
Rickie Fowler, $216,960	68-68-70-69—275
John Huh, $216,960	70-66-69-70—275
Chris Kirk, $216,960	71-69-70-65—275
Ryan Palmer, $216,960	68-67-70-70—275
Jonas Blixt, $160,000	73-67-66-71—277
Jonathan Byrd, $160,000	72-68-67-70—277
Ben Crane, $160,000	70-71-68-68—277
Sergio Garcia, $113,067	66-73-71-68—278
Kevin Na, $113,067	70-71-71-66—278
Kyle Reifers, $113,067	65-72-72-69—278
Chris Stroud, $113,067	69-73-67-69—278
David Hearn, $113,067	**71-72-65-70—278**
Charley Hoffman, $113,067	69-70-69-70—278
Tim Clark, $72,229	70-69-71-69—279
Roberto Castro, $72,229	67-74-68-70—279
Tom Gillis, $72,229	65-69-69-76—279
Trevor Immelman, $72,229	70-71-69-69—279
Geoff Ogilvy, $72,229	70-70-70-69—279
Louis Oosthuizen, $72,229	71-67-68-73—279
Bo Van Pelt, $72,229	69-64-71-75—279
Ken Duke, $47,360	68-75-66-71—280
Martin Flores, $47,360	68-73-70-69—280
Matt Kuchar, $47,360	72-69-67-72—280
Ryan Moore, $47,360	67-69-70-74—280
Carl Pettersson, $47,360	70-69-71-70—280
Bryce Molder, $37,120	72-64-75-70—281
Seung-Yul Noh, $37,120	70-69-72-70—281
Greg Owen, $37,120	69-68-71-73—281
Corey Pavin, $37,120	71-70-67-73—281
Boo Weekley, $37,120	72-71-68-70—281
Y.E. Yang, $37,120	73-69-66-73—281
Sung Kang, $29,440	70-69-69-74—282
J.J. Killeen, $29,440	72-70-69-71—282
Hunter Mahan, $29,440	69-71-68-74—282
John Senden, $29,440	69-71-72-70—282
Chad Campbell, $23,040	71-71-69-72—283
Kevin Chappell, $23,040	70-67-70-76—283
John Daly, $23,040	70-69-70-74—283
Brendon de Jonge, $23,040	67-74-68-74—283
Brandt Jobe, $23,040	67-75-70-71—283
Charlie Wi, $23,040	68-69-75-71—283
Blake Adams, $16,240	69-72-70-73—284
Greg Chalmers, $16,240	70-69-72-73—284
Will Claxton, $16,240	72-69-71-72—284
Chris DiMarco, $16,240	66-74-73-71—284
John Mallinger, $16,240	71-72-70-71—284
Rory Sabbatini, $16,240	71-71-71-71—284
Vijay Singh, $16,240	70-69-70-75—284
Michael Thompson, $16,240	69-71-71-73—284

SENIOR PGA CHAMPIONSHIP

At Benton Harbor, Mich.
Par 71 — Final Round

Roger Chapman, $378,000	68-67-64-72—271
John Cook, $227,000	69-66-69-69—273
Hale Irwin, $143,000	71-66-69-68—274
Peter Senior, $74,400	74-67-71-63—275
Sandy Lyle, $74,400	74-71-66-64—275
Joe Daley, $74,400	73-72-66-64—275
Bernhard Langer, $74,400	73-68-69-65—275
David Frost, $74,400	70-70-68-67—275
Kenny Perry, $55,000	75-70-69-62—276
Steve Pate, $51,000	70-69-67-71—277
Michael Allen, $47,000	77-64-68-69—278
Rod Spittle, $4,562	**75-72-70-74—291**

EUROPEAN PGA BMW CHAMPIONSHIP

At Virginia Water, England
Par 72 — Final Round

Luke Donald	68-68-69-68—273
Justin Rose	67-71-69-70—277
Paul Lawrie	69-71-71-66—277
Peter Lawrie	66-71-72-71—280
Branden Grace	69-69-73-70—281
Richard Sterne	71-68-72-71—282
Ernie Els	68-73-70-72—283
Francesco Molinari	68-70-74-71—283

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
D.C. United	15	8	4	3	28	19	27
New York	13	8	3	3	26	18	26
Kansas City	12	8	3	1	17	10	25
Chicago	12	5	4	3	15	15	18
Columbus	12	5	4	3	13	13	18
Houston	11	4	3	4	12	12	16
New England	12	4	7	1	16	18	13
Montreal	13	3	7	3	15	21	12
Philadelphia	11	2	7	2	8	14	8
Toronto	10	1	9	0	8	21	3

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Real Salt Lake	14	9	3	2	22	14	29
San Jose	14	8	3	3	27	17	27
Seattle	13	7	3	3	16	9	24
Vancouver	12	5	3	4	13	14	19
Colorado	13	6	6	1	20	18	19
Chivas USA	13	4	6	3	9	14	15
Portland	12	3	5	4	12	15	13
Dallas	15	3	8	4	15	24	13
Los Angeles	13	3	8	2	15	21	11

Yesterday's result
Kansas City 2 San Jose 1
Saturday's results
Toronto 1 Philadelphia 0
Vancouver 1 Portland 1
Colorado 3 Montreal 2
Houston 2 Los Angeles 1
Columbus 2 Chicago 1
D.C. United 3 New England 2
Real Salt Lake 3 Dallas 2
Seattle 1 Chivas USA 1
Saturday, June 2
Chicago at New England, 7:30 p.m.

NBA PLAYOFFS

CONFERENCE SEMIFINALS

(Best of 7)
All Times Eastern

EASTERN CONFERENCE

BOSTON (4) VS. PHILADELPHIA (8)
(Boston wins series 4-3)
Saturday's result
Boston 85 Philadelphia 75

CONFERENCE FINALS

(Best of 7)

WESTERN CONFERENCE

SAN ANTONIO (1) V. OKLAHOMA CITY (2)
Last night's result
Oklahoma City at San Antonio
Tomorrow's game
Oklahoma City at San Antonio, 9 p.m.
Thursday's game
San Antonio at Oklahoma City, 9 p.m.
Saturday, June 2
San Antonio at Oklahoma City, 8:30 p.m.
Monday, June 4
x-Oklahoma City at San Antonio, 9 p.m.

EASTERN CONFERENCE

MIAMI (2) VS. BOSTON (4)
Tonight's game
Boston at Miami, 8:30 p.m.
Wednesday's game
Boston at Miami, 8:30 p.m.
Friday's game
Miami at Boston, 8:30 p.m.
Sunday, June 3
Miami at Boston, 8:30 p.m.
Tuesday, June 5
x-Boston at Miami, 8:30 p.m.
x — played only if necessary

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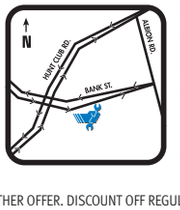

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DeBoer steered Devils back on track

Peter DeBoer talks to the media in Newark, N.J., on May 15. THE CANADIAN PRESS

NHL. A year after being fired as coach of Florida, Peter DeBoer has guided New Jersey to Stanley Cup final

Peter DeBoer, in the eyes of many, was a surprise choice as the next coach of the New Jersey Devils. Fresh off the franchise's worst season in recent memory, Devils general manager Lou Lamoriello last summer turned to DeBoer to rescue a team that was low on morale, lower on scoring punch and desperate for a new identity.

But why DeBoer? In three seasons with Florida, he could not push the Panthers into the post-season once.

"You have to go through ups and downs," Lamoriello said on July 19, 2011, after introducing DeBoer. "I think what he went through (in Florida) just made him a better coach. And I felt that in the conversations we had — because of the questions that were asked — the answers that were given were open, down to earth and honest."

Some 10 months later, DeBoer has more than answers. He has results. After leading New Jersey to 102 points in the regular season and placing the Devils back in the playoffs after missing the tournament last year for the first time since 1996, DeBoer calmly quarterbacked the organization's fifth run to the Stanley Cup final.

Quoted

"You enjoy every minute of it, as much as you can, because it's awful tough to get here."

Devils coach Peter DeBoer

And the path taken is what will be a lasting memory not only within this proud organization, but for the fans as well. Win or lose against Los Angeles in the final, which opens with Game 1 in New Jersey on Wednesday night, DeBoer's first three playoff-series victories will be etched in minds for a long time.

"You know, this is a resilient group," DeBoer said. "We've just been getting better and better. Just like our season, we talked about a slow build. So, we're trending in the right direction, and I think we're playing our best hockey right now." THE ASSOCIATED PRESS

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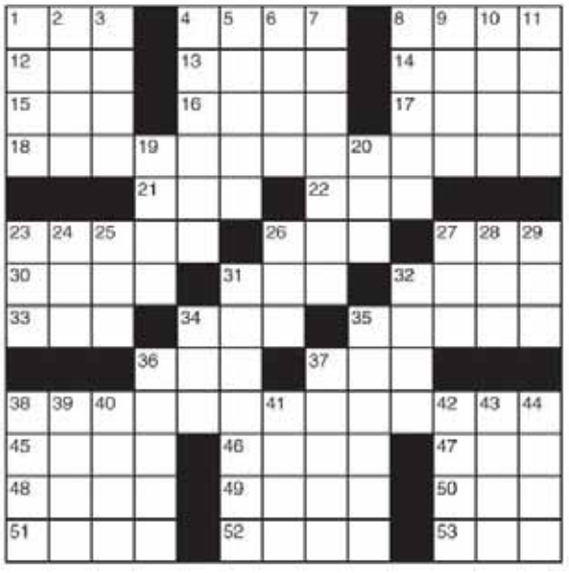
Crossword

Across
1 Throttle
4 Urban fleet
8 Fellow
12 Carte lead-in
13 Make eyes at
14 Late-night talker
15 Scale member
16 Disposition
17 Table scraps
18 1978 Warren Beatty movie
21 Nevada city
22 Heavy weight
23 Mawkishly old-fashioned
26 A handful
27 Dracula, at times
30 Saharan
31 Massachusetts cape
32 Dog sledder's "giddyap"
33 Cribbage scorer
34 Carton
35 Emptily talkative
36 Get dressed in
37 Writer Fleming
38 1980 Chevy Chase movie
45 Peregrinate
46 Sandwich treat
47 Sapporo sash
48 Unaccompanied
49 Kennel cries
50 Supporting
51 Tournament format
52 Meyers of SNL
53 Nourished

Down
1 Long cut
2 Shaving-cream additive
3 Festive
4 Beautiful
5 Great pain
6 United nations
7 Tranquilized
8 Circus performer
9 Zeus' sister
10 Con
11 Mail
19 Hawk
20 Promptly
23 Upper limit
24 Raw rock
25 Predetermine the outcome
26 "The Simpsons" network
27 Clear the tables
28 Donkey
29 Biblical possessive
31 Protective escorts
32 Opposite of 26-Across
34 Downy accessory
35 Winter boot
36 Minion of Satan
37 Clumsy / 38 Roughly
39 Basketball goal
40 Gilligan's Island cast member
41 Pennsylvania port
42 Opposite of 36-Across
43 Reed instrument
44 Encircle



Sudoku

3						6	4	
	4	6			5			
		7			1	9		
8				6			1	
	5	3				2	8	
	7			2				3
		4	1			3		
			7			4	5	
	9	2						6

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

2	7	5	9	4	8	6	3	1
4	3	8	1	5	6	2	9	7
1	9	6	7	3	2	5	8	4
8	6	2	5	7	9	4	1	3
7	5	1	4	6	3	9	2	8
9	4	3	2	8	1	7	5	6
3	8	7	6	2	5	1	4	9
6	2	9	8	1	4	3	7	5
5	1	4	3	9	7	8	6	2

Friday's Crossword

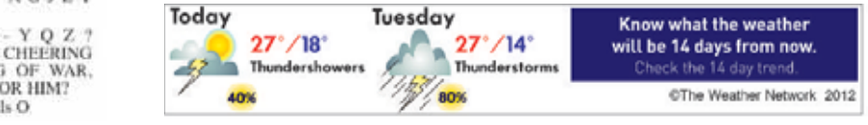
Cryptoquip

How to play
This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

HW Q AGGYEQDY YIHKZ CQY KG MCGGUI GDI OSIWISSIY YQZ GW KCI AIIR, AGJEY HK OHMR UQKZS-YQZ?

Yesterday's Cryptoquip: IF YOU'RE CHEERING FOR A MAN WHO'S PLAYING TUG OF WAR, COULD YOU SAY THAT'S PULLING FOR HIM?
Today's Cryptoquip Clue: G equals O

For today's crossword answers and for expanded horoscopes, go to metronews.ca



Horoscope

Aries | March 21 - April 20. Make an effort to notice what goes on around you. If you keep your eyes and ears open you could make some serious money.

Taurus | April 21 - May 21. Get daily tasks out of the way as quickly as possible. You may or may not get a pat on the back for your efforts but it doesn't matter.

Gemini | May 22 - June 20. The stars suggest that something special is on the way.

Cancer | June 21 - July 22. Today you can finally put a name to your fears and work out why it is that you have been so uneasy of late.

Leo | July 23 - Aug. 22. Your path to success is through reaching out to other people. Work harder to bring down barriers that have been standing in the way of good relations.

Virgo | Aug. 23 - Sept. 22. It's time to get serious about your career. Take advantage of opportunities before they leave you behind.

Libra | Sept. 23 - Oct. 22. Nothing is out of reach once you make the decision to go for it. Remember that — and act on it.

Scorpio | Oct. 23 - Nov. 21. A problem that has been nagging away at you in recent weeks can be dealt with directly now.

Sagittarius | Nov. 22 - Dec. 21. Your challenge this week is to work with other people without letting their little ways irritate you — too much.

Capricorn | Dec. 22 - Jan 20. Today there may well be occasions when you act out of character and take risks that usually you would avoid like the plague.

Aquarius | Jan. 21 - Feb 18. Decide what it is you want to achieve, hold that vision in your mind's eye, then do the things that will make it happen. It's that easy.

Pisces | Feb. 19 - March 20. You may have to make some concessions over the next few days, including putting old disputes and disagreements to one side.

SALLY BROMPTON

Caption Contest

"I hope this isn't one of those things your tongue freezes to!"
Maria

ANDREW MILLIGAN/PA/THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

Sharability

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12 FOCUS TITANIUM SE
LOADED, A/C, AUTO • 33975km
st:33561 • **$17,980** • bw:$148***

07 MAZDA CX-7 GS
LOADED, LTHR, ROOF • 79989km
st:33780 • **$16,730** • bw:$180*

10 MAZDA 3
LOADED, A/C, AUTO • 50876km
st:33096-A • **$14,380** • bw:$119***

07 SILVERADO LS 4X4
LOADED, A/C, AUTO • 56869km
st:33585 • **$17,960** • bw:$193*

07 TUCSON GLS
LOADED, A/C, AUTO • 96154km
st:33885 • **$10,650** • bw:$114*

10 HONDA INSIGHT HYBRID
LOADED, A/C, AUTO • 53737km
st:31958-A • **$17,800** • bw:$155***

11 IMPALA LS
LOADED, A/C • 51554km
st:33008 • **$14,850** • bw:$122***

08 NISSAN VERSA
LOADED, A/C • 98329km
st:33927 • **$7,940** • bw:$74**

11 TOWN COUNTRY
STOW-N-GO, NAV, LOADED • 21776km
st:33931 • **$28,850** • bw:$227***

07 SORENTO LX 4X4
LOADED, A/C, AUTO • 109074km
st:32813-A • **$10,850** • bw:$116**

08 ACURA TL TYPE S NAV
LOADED, A/C, ROOF, LTHR • 56850km
st:33430 • **$24,850** • bw:$222**

07 LEGACY AWD
LOADED, A/C, ROOF, AUTO • 79319km
st:28575 • **$15,950** • bw:$171*

08 PONTIAC VIBE
A/C, STD • 86574km
st:33272 • **$9,640** • bw:$89**

10 CHRYSLER 300 TOURING
LOADED, A/C • 37776km
st:32861 • **$16,750** • bw:$138***

08 KIA RONDO EX
LOADED, A/C, AUTO • 87121km
st:33324 • **$9,970** • bw:$93**

08 BMW 128i COUPE
LOADED, A/C, ROOF, LTHR • 78474km
st:33071 • **$21,870** • bw:$195**

07 NISSAN QUEST
LOADED, A/C, AUTO • 95995km
st:32409 • **$13,650** • bw:$147*

08 HONDA ACCORD
LOADED, A/C, AUTO • 107112km
st:32664-A • **$13,750** • bw:$128**

08 MAZDA B2300
A/C • 61594km
st:33422 • **$10,750** • bw:$100**

09 NISSAN ROGUE
LOADED, A/C, AUTO • 60968km
st:32613-A • **$16,950** • bw:$157**

08 PONTIAC TORRENT
LOADED, A/C, AUTO • 75537km
st:33159 • **$13,380** • bw:$124**

07 SANTA FE
LOADED, A/C, AUTO • 81806km
st:33289 • **$13,870** • bw:$149*

08 CHEVROLET MALIBU LT
LOADED, A/C • 31996km
st:33873 • **$12,390** • bw:$115**

GREAT DEALS ON CONVERTIBLE CARS!

10 Sebring Touring
• COVERTIBLE, Loaded, A/C
• st: 33209
• km: 17028
$22,850
$180*** Bi-weekly

10 Mustang
• COVERTIBLE, Loaded, Lthr
• st: 33737
• km: 37399
$24,890
$196*** Bi-weekly

07 PT-Cruiser Coupe
• COVERTIBLE, Loaded, A/C
• st: 33497
• km: 85621
$11,650
$125* Bi-weekly

07 Saturn Sky Turbo
• COVERTIBLE, Loaded, Lthr
• st: 33917
• km: 73757
$17,850
$192* Bi-weekly

06 New Beetle
• COVERTIBLE, Loaded, A/C
• st: 33914
• km: 65487
$12,650
$136* Bi-weekly

11 Chrysler 200
• COVERTIBLE, Loaded, A/C
• st: 33757
• km: 14903
$24,620
$194*** Bi-weekly

11 SUZUKI KIZASHI
LOADED, A/C, AUTO • 34328km
st:33619 • **$16,970** • bw:$140***

08 MINI COOPER CLUBMAN
LOADED, A/C, LTHR, ROOF • 53589km
st:33578 • **$17,980** • bw:$167**

07 VOLKSWAGEN GOLF CITY
LOADED, A/C • 68512km
st:32278 • **$9,950** • bw:$107*

11 MITSUBISHI LANCER SE
LOADED, A/C, MAGS, AUTO • 29843km
st:33385 • **$17,380** • bw:$143***

07 MAZDA 6 S/W
LOADED, A/C, AUTO • 95746km
st:31930 • **$11,830** • bw:$127*

10 DODGE CHARGER
LOADED, A/C • 57663km
st:33459 • **$15,870** • bw:$131***

08 CHEVROLET COBALT LS
AUTO • 54483km
st:33740 • **$8,350** • bw:$77**

07 DODGE CALIBER
AUTO • 90012km
st:33816 • **$7,980** • bw:$86*

09 TOYOTA VENZA AWD
LOADED, A/C, AUTO • 22487km
st:31787 • **$24,850** • bw:$231**

07 CHEVROLET OPTRA 5
LOADED, A/C, ROOF • 31417km
st:32802 • **$8,360** • bw:$90*

08 INFINITI EX35 AWD
LOADED, A/C, ROOF, LTHR • 105315km
st:33822 • **$21,880** • bw:$195**

07 VOLKSWAGEN JETTA CITY
LOADED, A/C, AUTO • 64761km
st:32266 • **$10,950** • bw:$118*

08 JEEP COMPASS SPORT
STD • 68815km
st:32457 • **$10,650** • bw:$99**

07 BENZ B200 TURBO
LOADED, A/C, AUTO • 45602km
st:32643 • **$18,870** • bw:$203*

06 NISSAN X-TRAIL XE
LOADED, A/C, AUTO • 73849km
st:31654 • **$10,950** • bw:$118*

10 TOYOTA COROLLA CE
LOADED, A/C, AUTO • 65320km
st:32948 • **$12,950** • bw:$107***

08 FORD FUSION SE
LOADED, A/C, ROOF • 70497km
st:33130 • **$10,750** • bw:$100**

08 FORD TAURUS SEL
LOADED, A/C, AUTO • 90818km
st:32153 • **$11,840** • bw:$110**

09 FORD ESCAPE XLT
LOADED, A/C, AUTO • 99215km
st:33881 • **$12,870** • bw:$119**

09 FORESTER AWD
LOADED, A/C, AUTO • 113766km
st:33820 • **$14,860** • bw:$138**

08 SAAB 9-3 2.0T
LOADED, ROOF, LTHR, AUTO • 90901km
st:33488 • **$13,980** • bw:$130**

08 MAZDA TRIBUTE
LOADED, A/C • 72450km
st:33919 • **$10,670** • bw:$99**

07 FORD EDGE SEL AWD
LOADED, A/C, LTHR, AUTO • 95433km
st:32926-A • **$17,850** • bw:$192*

08 LEXUS IS250 AWD
LOADED, A/C, ROOF, LTHR • 75146km
st:29824 • **$26,840** • bw:$248**

08 BMW X3 AWD
LOADED, A/C, ROOF, LTHR • 51156km
st:33285 • **$29,650** • bw:$264**

11 SCION XD
LOADED, A/C, AUTO • 26280km
st:33854 • **$16,970** • bw:$140***

11 FORD FIESTA SE
LOADED, A/C, AUTO • 50713km
st:33517 • **$13,980** • bw:$115***

10 SUZUKI SX4 LE
LOADED, A/C, AUTO • 60387km
st:32750 • **$11,970** • bw:$99***

11 HYUNDAI SONATA
LOADED, A/C, MAGS, AUTO • 56556km
st:32771 • **$17,950** • bw:$148***

10 EQUINOX LS AWD
LOADED, A/C, AUTO • 63009km
st:33050 • **$18,850** • bw:$155***

08 HYUNDAI ELANTRA GL
STD • 34056km
st:33047 • **$8,450** • bw:$78**

11 SMART FORTWO
LOADED, PANORAMIC ROOF • 23464km
st:33682 • **$13,670** • bw:$113***

07 HYUNDAI ACCENT GLS
STD • 102442km
st:33670-A • **$5,950** • bw:$64*

08 NISSAN ALTIMA 2.5S
LOADED, A/C, AUTO • 91878km
st:33906 • **$11,970** • bw:$111**

10 SENTRA XTRONIC CVT
LOADED, A/C, AUTO • 70476km
st:33575 • **$11,960** • bw:$99***

08 DODGE NITRO SLT 4WD
LOADED, A/C • 93248km
st:33583 • **$15,650** • bw:$145**

07 TRAILBLAZER 4WD
LOADED, A/C, ROOF • 79210km
st:33199 • **$14,870** • bw:$160*

11 DODGE AVENGER SXT
LOADED, A/C, ROOF, AUTO • 24624km
st:33540 • **$16,850** • bw:$139***

11 HONDA CR-Z HYBRID
LOADED, A/C, AUTO • 10017km
st:33651-A • **$19,460** • bw:$160***

09 PONTIAC AVEO G3
LOADED, A/C, ROOF • 72350km
st:32171-A • **$8,980** • bw:$83**

09 TOYOTA MATRIX
LOADED, A/C • 68124km
st:33622 • **$12,960** • bw:$120**

08 ACURA CSX
LOADED, A/C, LTHR, ROOF • 81716km
st:33762 • **$14,970** • bw:$139**

11 TOYOTA SIENNA LE
LOADED, A/C, AUTO • 59919km
st:33138 • **$25,890** • bw:$204***

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